|               | 22nd Jan                | 23rd Jan                    | 24th Jan        | 25th Jan                                     | 26th Jan | 27th Jan                    | 28th Jan          | 29th Jan                              |
|---------------|-------------------------|-----------------------------|-----------------|--|----------|-----------------------------|-------------------|---------------------------------------|
| 9:00 - 12:00  |                         | Intensive : Kieran Mitchell |                 |  |          | Intensive : Liza Tarabanova |                   |                                       |
| 12:00 - 13:00 |                         | Sharin                      | g Circle        | 12:30 – 14:00  Morning Jam (with Live Music) |          | Body Work                   | One to One        | Open Market                           |
| 13:00 – 15:00 | LUNCH                   |                             |                 |  | LUNCH    |                             |                   |                                       |
| 15:30 - 17:30 |                         | Beginners Support           | Guru & Adrianna | Guru & Adrianna                              |          | Shifu Ash                   | Shifu Ash         | Good bye jam + Closing ritual (3-6pm) |
|               |                         | CI Lab                      | Aric Master     | Aric Master                                  |          | Trinidad                    | Trinidad          |                                       |
| 18:00 – 19:00 | DINNER                  |                             |                 |  |          | DINNER                      |                   |                                       |
| 19:30 - 22:30 | Opening<br>Circle + Jam | Jam                         | Open Jam        | Site Specific                                |          | Silent Jam                  | Performance & Jam | Party                                 |